



Speaker Biographies



David B. Posen MD

David Posen was a family physician for 17 years before devoting his time exclusively to stress management, lifestyle counseling and psychotherapy in 1985. He lectures widely across North America and is the best-selling author of five books. His third, **THE LITTLE BOOK OF STRESS RELIEF**, has been translated into seven languages and his fourth **IS WORK KILLING YOU?** was profiled in USA Today, The Wall Street Journal and Publishers Weekly among other publications. His fifth book, **AUTHENTICITY**, was released in 2018.

Married with two adult children, David lives in Oakville and practices what he preaches. In addition to his busy schedule of seeing patients, writing and public speaking, he is an avid reader, musician, baseball and tennis player.



Mike Harnett BPE(KIN) ESS

Mike Harnett is President of Solaris Fatigue Management, a consulting firm that specializes in optimizing worker health, safety and performance. With a background in human factors and sleep neurobiology, she has over 30 years of experience advising various government agencies including the Canadian Standards Association, NASA, the Rail Association of Canada, and the Federal Rail Association in the US. Mike has been a consultant to international labor groups, safety associations, and private companies across all industry sectors and most recently completed a review of Workplace Fatigue in Canada published by the Canadian Standards Association. An award-winning speaker, she is an internationally sought-after presenter and educator.



Niels Koehncke MD MSc FRCPC

Dr. Koehncke is a specialist in Occupational Medicine in the Department of Medicine at the University of Saskatchewan and Director of the Canadian Centre of Health and Safety in Agriculture. He has been practicing occupational medicine for 19 years including serving as the Chief Occupational Medical Officer for the Saskatchewan Ministry of Labour Relations and Workplace Safety from 2000 – 2019. He has an outpatient consultation practice at Royal University Hospital in Saskatoon.

He has served as the Director of CCHSA since 2012 and is heavily involved in agricultural health and safety initiatives throughout Saskatchewan, including managing an extensive health and safety outreach network that reaches over 26000 farm and rural families across Saskatchewan. He has previously served on the Board of Directors of the Canadian Agricultural Safety Association from 2012 – 2017, and recently returned from a 1 year sabbatical developing research into health and safety practices in equine veterinary medicine. Dr. Koehncke lives on an acreage just outside Saskatoon with his wife and two young children.

Jalees Razavi MBBS DPHC DIH FRCPC FACOEM FACOPM

Dr. Razavi is an Occupational Medicine Specialist. He has held various clinical, administrative, and executive leadership roles, including his tenures at Saudi Aramco and Imperial Oil Limited/ExxonMobil Canada. Currently, he runs a private occupational medicine consultation practice and offers his services as an External Medical Consultant for both the WSIB Ontario, and the WCB Alberta. Dr. Razavi is also the National Director of Occupational Medicine for Vector Medical, and Chief Medical Officer for Precede. Dr. Razavi is the current Chair for the Subspecialty of Occupational Medicine of the Royal College of Physicians and Surgeons of Canada. He frequently travels internationally to teach about the importance of improving workplace productivity through wellness and prevention. Dr. Razavi was involved in developing, running and auditing industrial contingency plans and disaster prevention and management strategies for multi-national corporations.



Joan Saary MD PhD FRCPC FACOEM FASMA

Dr. Saary is a Canadian Occupational Medicine Specialist with several graduate degrees and advanced aerospace and diving medicine training. She teaches at the University of Toronto and the Canadian Forces School of Operational Medicine and consults regularly to industry, governmental agencies and tribunal boards. She has substantial expertise in the areas of medical selection standards and safety-critical work.



Melissa Snider-Adler MD CCFP(AM) MRO (AAMRO)
DABAM

Dr. Snider-Adler is the Chief Medical Review Officer for DriverCheck and is a Board-Certified Addiction Medicine Physician. Dr. Snider-Adler is considered an expert in the field of substance use in the workplace and is often asked to provide expert opinions, and testimony across Canada. She has presented across Canada and the United States to workplaces, physicians, health care workers and the community regarding the impact of cannabis legalization, cannabis for medical purposes, and substance use in the workplace.



Sebastian Straube BM BCh MA (Oxon) DPhil

Sebastian Straube holds degrees in Medicine and Physiological Sciences from the University of Oxford (England) where he also did his DPhil (PhD). After clinical work and research at the Oxford Radcliffe Hospitals, Dr. Straube joined the Institute of Occupational, Social and Environmental Medicine at the University Medical Center Göttingen, Germany. Here he completed his Habilitation (German postdoctoral qualification) and his postgraduate medical training in the specialties of Occupational Medicine and Social Medicine. Dr. Straube was an Extraordinary Professor at the University of Göttingen until he took up his current post as Associate Professor in the Division of Preventive Medicine of the University of Alberta's Department of Medicine in 2014. He was appointed as Division Director for Preventive Medicine in 2016. Dr. Straube's research interest is in evidence-based medicine (systematic reviews and meta-analyses). He is also the director of the Foundation Course in Occupational Medicine.



Susan M. Tarlo MB BS FRCP(C)

Dr. Susan M. Tarlo is a respiratory physician and a Professor in the Department of Medicine at the University of Toronto with an academic cross-appointment in the University of Toronto, Dalla Lana Department of Public Health. Her main clinical staff appointment is at the University Health Network, at Toronto Western Hospital where she is head of the Occupational Lung Disease Clinic and also has a focus on asthma and allergic respiratory disease. She has research appointments at the Gage Occupational and Environmental Health Unit in Toronto, St Michael's Hospital Li Ka Shing Research Institute and University of Toronto Institute of Medical Science and the Centre for Research Excellence in Occupational Disease at St Michael's Hospital where she also has a WSIB occupational lung specialty clinic. Her

research interests and publications are mainly in work-related asthma and occupational allergy and she has over 200 peer-reviewed publications.