



Occupational Medicine Specialists of Canada

2018 Annual Conference

Sheraton Suites Eau Claire - Calgary, AB

Course Objectives

By attending this conference, occupational physicians will be better able to:

- Describe the positive and negative impacts of the workplace on employee mental health
- Assess the fitness of an employee with a mental health or cognitive disorder to remain at, or return to, work
- Evaluate assessment protocols for fitness to work from both a medical and legal perspective
- identify medical conditions that may impact a physician's fitness to practice
- Describe the CanMEDS roles required of an occupational physician holding a senior position within an organization.

Saturday, September 22, 2018 - Wildrose Ballroom South

7:00 8:00 Continental Breakfast

8:00 8:15 Welcome and Conference Introduction

8:15 9:15 **Mental Health and Workplace Safety**

Tyler Amell BSc MSc PhD
Morneau Shepell

Following this presentation, participants will be better able to:

- Describe the impact that mental health conditions are currently having on workers and workplaces
 - Explain the relationship between safety and mental health, and how integrated programs can effect change
 - Describe current evidence-informed strategies for how workplaces can support their workers.
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9:15 10:15 **The Occupational Physician's Approach to Psychiatric Disorders at Work**

Dr. Charl Els, Clinical Professor
Department of Psychiatry
Faculty of Medicine & Dentistry
University of Alberta

Following this presentation, participants will be better able to:

- List the impacts of common psychiatric disorders on occupational capacity and risk
 - Explain an approach to assessing psychiatric impairment for the non-psychiatrist
 - Describe signs of deception, feigning and malingering.
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10:15 10:30 Morning Break

10:30 11:00 **Mental Health Panel - Case Presentations and Discussion**

**11:00 12:00 Corporate Occupational Medicine Practice at Alberta Health Services:
Alberta's largest employer**

Dr. Steve Tsekrekos, Medical Director
Workplace Health & Safety, Alberta Health Services

Following this presentation, participants will be better able to:

- Describe the role and structure of the Workplace Health & Safety department within Alberta Health Services
 - Discuss the advantages and disadvantages of working within a large health care organization
 - Identify the challenges faced when developing and delivering health and safety initiatives
 - Reflect on the full suite of CanMEDS roles required by an organization's senior physician.
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12:00 1:00 Lunch

**1:00 2:00 The Horse River Wildfire of 2016:
An Occupational Physician's Perspective**

Dr. Tom Lawley,
Chief Medical Officer, Syncrude (retired)
Consultant, Occupational Medicine

Following this presentation, participants will be better able to:

- Describe how an Emergency Operations Centre (EOC) functions and the CanMEDS roles/expectations of the occupational physician
 - Explain the exposure patterns and adverse health effects of particulate matter and carbon monoxide from a wildfire
 - Discuss the complex issues that arise in an emergency situation when people are isolated and without their medications.
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2:00 3:00 **Medical Fitness to Work Assessments: do they meet a BFOR test?**

David Corry, Partner, Gowling WLG

Dr. Ken Corbet, Clinical Associate Professor
Cumming School of Medicine, University of Calgary

Following this presentation, participants will be better able to:

- Present a generic model for the assessment of medical fitness to work (FTW)
 - Describe elements of common law, arbitration decisions, and human rights cases that apply to the assessment of FTW
 - Review key legal cases relating to medical fitness to work
 - Propose strategies that will achieve the relevancy, validity, and reliability required to defend a FTW assessment as a *bona fide* occupational requirement.
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3:00 3:15 **Afternoon Break**

3:15 4:15 **The CPSA Physician Health Monitoring Program and its Role in Physician Fitness to Practice.**

Dr. Jeremy Beach, Assistant Registrar
Physician Health Monitoring Program
College of Physicians and Surgeons of Alberta

Following this presentation, participants will be better able to:

- Describe the role of the College of Physicians and Surgeons of Alberta in determining physician fitness to practice
 - Identify the key partners that the CPSA works with in this role
 - Discuss physician health problems in the more general context of occupational health.
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4:15 4:45 **Fitness to Work Panel - Case Presentations and Discussion**

4:45 5:00 **Conference Wrap-up and Closing Remarks**

Sunday, September 23, 2018 - Wildrose Ballroom South

9:00 10:30 Annual General Meeting

10:30 12:00 Board of Directors Meeting
