

THE OCCUPATIONAL MEDICINE SPECIALISTS OF CANADA

PRESENT

INJURY, ILLNESS AND RETURN TO WORK SEMINAR

The Westin Hotel

1181 Hollis Street

B3H 2P6

Halifax

6 March 2010

Dear Health Professional:

Please join the Occupational Medicine Specialists of Canada (OMSOC) in Halifax for a comprehensive review of management of workplace injury, illness and return to work.

This one day seminar promises to deliver the current understanding regarding the principles of management of highlighted workplace injury, illness and the timely return to work of injured workers. Group discussion will be encouraged by the presentation of cases. Participants are ***strongly encouraged*** to bring their own cases to discussion.

OMSOC presented a similar seminar in Edmonton early this year and it was great success - we look forward to the same outcome in Halifax.

To ensure your attendance, please register as soon as possible!

Sincerely,

Dr. Michael Schweigert

President,

Occupational Medicine Specialists of Canada

Seminar Leaders & Learning Objectives

Overall Seminar Objectives

This seminar will present a state-of-the-art approach in the evaluation and management of everyday conditions and issues that present a challenge to the assessing clinician.

Specifically, upon completion of these educational events, participants will have a greater understanding of:

1. Work-related and occupational health conditions commonly seen in family practice
2. Evaluation and management of common occupational conditions using evidence-based approaches
3. How to support appropriate return to work for workers and workplaces
4. Roles of the main stakeholders in occupational health services
5. Role of pharmaceutical interventions in return to work

Advances in the Evaluation and Management of Low Back Pain in the Workplace

Speaker: Jalees Razavi MBBS, DPH, DIH, FACOEM, FACPM, FRCPC

Learning Objectives:

By the end of the session, attendees will be able to:

1. Link the biomechanics of the spine to different work modalities
2. Describe different mechanisms of low back injuries and differentiate between causes of pain occurring at work from pain caused by or aggravated by work
3. Understand the concept of observational back examination and the importance of supplementing its findings with the passive and active methods of the physical examination
4. Appreciate different strategies to evaluate and manage LBP in the workplace

About the Speaker:



Dr. Razavi completed his residency training in Occupational Medicine at the University of Alberta (1993-1995) and University of Toronto (1995-1997). He then joined Saudi Aramco where he held different clinical and administrative posts, including Head of Medical Specialties, Chief of Preventive Medicine, and Occupational Medicine Consultant for special projects.

Dr. Razavi returned to Canada in 2005 and worked as a Medical Advisor to Alberta's Workers Compensation Board and an Occupational Medicine Consultant with IOL. Dr. Razavi joined Imperial Oil Limited (IOL) in 2007 and is the Assistant Medical Director for Occupational Health.

Dr. Razavi is a Fellow of the Royal College of Physicians of Canada (FRCPC), Fellow of the American College of Preventive Medicine (FACPM) and Fellow of the American College of Occupational and Environmental Medicine (FACOEM). Dr. Razavi is interested in wellness, presenteeism, chronic diseases in the workplace, disability, Occupational health systems, fitness for work evaluations, risk assessment and communication.

Employer - Physician Communication: A Primer

Speaker: Bruce McGoveran MD, MSc, FRCPC

Learning Objectives:

By the end of the session attendees should be able to:

1. Identify the necessary prerequisites for communicating with a patient's employer.
2. Identify the general classes of requests made of physicians by employers and appreciate their purposes.
3. Describe the typical context in which physician-employer communications occur.
4. Identify resources helpful in resolving physicians' questions and concerns regarding appropriate communications with employers.

About the Speaker:



Dr. McGoveran is a graduate of the University of Toronto's Faculty of Medicine. He completed the occupational medicine residency training program in Toronto and is a Fellow of the Royal College of Physicians and Surgeons of Canada. Dr. McGoveran provides occupational medicine consulting services to various organizations, large and small, unionized and non-unionized, in southern Ontario. He is a special lecturer in the Faculty of Medicine, University of Toronto. Dr. McGoveran is also an authority on health privacy in the context of occupational medicine. He is President-Elect of the Occupational Medicine Specialists of Canada.

Work Related Upper Extremity Disorders

Speaker: Ronald Dykeman MD MPH FRCPC ABPM Brd Crt occ med

Learning Objectives:

By the end of the session:

1. Describe the types of common work-related upper extremity disorders
2. Discuss clinical assessment, diagnosis and attribution of workplace etiology
3. Outline management of these disorders with an emphasis on returning to maximal functional capacity

About the Speaker:



Dr. Dykeman graduated from Dalhousie University in 1995. He completed his specialty training in Occupational Medicine in 2000 at University of Toronto. Dr. Dykeman obtained a Masters of Public Health in Occupational Medicine from the Harvard School of Public Health and completed the Occupational Medicine Residency program at Harvard. He is a fellow of the Royal College of Physicians and Surgeons of Canada and holds his American Board of Preventive Medicine in Occupational Medicine. Dr. Dykeman holds an appointment as lecturer at the University of Toronto. Dr. Dykeman has a consulting practice in Southern Ontario assisting large organizations with the management of disability, occupational health policy and medical legal matters. His clients include General Motors of Canada, University Health Network and the Ontario Hospital Association. Dr Dykeman has developed a special interest in educating managers and health professionals who oversee occupational health and disability management issues in the workplace.

An Overview of Occupational Health

Speaker: Jalees Razavi MBBS, DPH, DIH, FACOEM, FACPM, FRCPC

Learning Objectives:

By the end of the session:

1. Attendees should have acquired or updated their knowledge of the scope of occupational health
2. Attendees will understand the interactions of the main stakeholders in the provision of occupational health services, and how these interact with health services generally.
3. Attendees should have acquired or improved skills allowing them to better recognize, assess and manage individuals in whom illness and injury may impact on ability to perform the full range of their normal work duties.

Principles and Practice of Return to Work Assessments

Speaker: Joan Saary MD, MSc (C.Psych), PhD, FRCPC, CIP

Learning Objectives:

From this seminar, the participant will:

1. Understand, in general terms, the return to work (RTW) process
2. Appreciate various stakeholders' roles and perspectives, and identify their impact on the RTW process
3. Describe the differences between job demands and individual capacity, and the impact of mismatches
4. Recommend limitations and restrictions that may allow for a safe and sustainable return to work
5. Identify how Independent Medical Examinations (IMEs) might be of value in the RTW process
6. Communicate medical and return to work opinions effectively, with respect for the patient's privacy and the information needs of the employer, workers' compensation board, or disability insurer.
7. Locate and appreciate the breadth of RTW Policy Statements from various key sources

About the Speaker:



A Fellow of the Royal College of Physicians and Surgeons of Canada, Dr. Saary holds a specialty license in Occupational Medicine. She completed a PhD in Medical Science at the University of Toronto, and has been recognized by the Royal Society of Canada for her work. She also has an MSc in Clinical Psychology from the University of Calgary. In addition to her Occupational Medicine consulting practice, Dr. Saary is actively involved in aerospace medicine in the commercial, military and space sectors. Her areas of interest relate to the provision of quality occupational health service programs and the development and assessment thereof, as well as health services research in general, including the incorporation of stakeholder perspectives. She focuses her attention on collaborative interdisciplinary work that incorporates the commonalities between occupational, aerospace, and remote medicine, and engineering, as well as innovative new technologies such as telemedicine and simulation, in order to enable the provision of exemplary medical care and programming.

Chronic Pain, a Simple Effective Approach for Your Clinic

Speaker: Colin Davey, M.D., C.I.M.E.

Learning Objectives:

By the end of the session:

1. Attendees should understand the impact of childhood abuse, subsequent behaviors and immature coping mechanisms in the development of chronic pain
2. Attendees should develop an approach to diagnosis using DSM-IV Axis format
3. Attendees should come prepared with the complete history of one of your patients to practice this approach
4. Attendees will be introduced to an effective counseling approach with the book Full Catastrophe Living, Jon Kabat-Zinn
5. Attendees should understand the proper use of medications in the treatment of chronic pain

About the Speaker:



Dr. Davey graduated from Dalhousie University in 1988. He is a Family Doctor in Lower Sackville, Nova Scotia. Dr. Davey has worked as a WCB of Nova Scotia Medical Advisor since 1994. He is certified as an Independent Medical Examiner through the American Board of Independent Medical Examiners since 1998, recently on the AMA 6th edition of the Guidelines. He has a special interest in the assessment and treatment of chronic pain syndrome.

Planning Committee Members

Dr. Colin Davey
Dr. Jalees Razavi
Dr. Ron House
Dr. Bruce McGoveran
Dr. Joan Saary
Dr. Michael Schweigert

Declaration of Potential Conflict of Interest

Speakers will be requested to disclose to the audience, any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Program Outline

Time	Topic	Speaker
7:30 - 8:00	Registration and breakfast	
8:00 - 8:15	Welcome and Review of Objectives	Joan Saary
8:15 - 9:15	Advances in the Evaluation and Management of Low Back Pain in the Workplace	Jalees Razavi
9:15 - 10:15	Employer - Physician Communication - A Primer	Bruce McGoveran
10:15 - 10:30	Break	
10:30 - 11:30	Work Related Upper Extremity Disorders	Ron Dykeman
11:30 - 12:30	Lunch Topic: An Overview of Occupational Health	Jalees Razavi
12:30 - 13:30	Principles and Practice of Return to Work Assessments	Joan Saary
13:30 - 14:30	Chronic Pain, a Simple Effective Approach for Your Clinic	Colin Davey
14:30-14:45	Break	
14:45-17:00	Cases Review and discussion	Colin Davey Jalees Razavi Ron Dykeman Bruce McGoveran Jaon Saary

Registration

- Non-refundable registration is accomplished online for health professionals at \$175.00 and students and residents at \$99.00.
Visit <http://omsoc.org/blog/seminars> to register by VISA/Mastercard.

NOTE: PARKING IS PROVIDED FREE FOR ATTENDEES OF THE SEMINAR AT THE WESTIN

Course Development & Independence

Unrestricted educational grants from Imperial Oil and Workers' Compensation Board of Alberta.

The Clinical Update educational program is developed by the Planning Committee of OMSOC, and is independent of any commercial influence. All decisions about the program content and faculty are made exclusively by the Planning Committee.

No session in this CME program receives direct financial support from any pharmaceutical or other commercial company; nor does any speaker receive such support for participation in this program.